

Summer Activities 2018

- 1) Mahdlo run a holiday Zone for 8-14 year olds throughout the summer holidays (23rd July-31st August). It runs Monday-Friday 8.30 am – 3.30 pm for £13 (including a light breakfast and hot lunch) or their holiday Zone extra runs 3.30-5.30 pm Monday to Friday for £5. A range of arts and sports sessions will run throughout the day, so our young people can choose and move between activities. There will also be some opportunities to take part in our Get Outdoors programme. For further information please visit their website: <https://www.mahdloyz.org/young-people/holiday-zone/> or contact 0161 624 0111. Bookings must be made in person with the reception team at Mahdlo, Egerton, Oldham, OL1 3SE.

- 2) Mahdlo Senior Zone is for young people aged between 13-21 year olds; they have a wide range of activities where you can meet other young people. If you are interested someone from Mahdlo could show you around. The Senior Zone is on Monday, Wednesday, Friday and Saturday 6:30pm – 10:00pm. There are also other activities that run throughout the summer holidays during the day time. Further information can be found on their website: <http://mahdloyz.org/senior-zone/>.

- 3) Mahdlo Youth Zone offers girls only session led by all-female staff on Saturdays 1.30-4.30 pm. This session allows female members and visitors to enjoy their facilities and provides an opportunity to make new friends in a safe environment. The sessions are fun and energy filled for females aged 8-21years. They have arts and crafts, fashion projects, gym, gaming stations, giant floor games, cooking and baking, board games, dance, filming projects, sports, rock climbing, roller discos and much more. They have regular themed events with lots of extras added to the session to make it special, for example henna art. Their activities change on a weekly basis. For more details please contact Malika Khatun on 0161 624 0111 or e-mail her at malika.khatun@mahdloyz.org Mahdlo charge £5 per year for membership, and then its 50p every time you come after that or £1 a session pay as you go. If you would like to join you can call into reception and pick up a membership form any time. To complete the form they will need a signature off your parent/guardian if you are under 16.

- 4) If you're aged 11-15 and would like to keep fit and meet new friends you can sign up to an active teen membership at Oldham Active who have gyms in Royton, Saddlesworth, Chadderton, Failsworth and Oldham centre. As a team gym member, you will have access to specialised, instructor led gym sessions, public swim sessions and selected classes too. Further information can be found on their website: <https://oclactive.co.uk/active-teens/> or contact 0161 207 7000

- 5) Oldham theatre workshop provide a wide range of drama and theatre related workshops for young people aged 6-25 and opportunities to perform in major theatre productions. For further information please contact 0161 770 3240 or email otw@oldham.gov.uk
- 6) Shop Volunteer at the British Red Cross, Royton, 26 Market Square, OL2 5QD
Typical tasks include:
- Serving customers, taking cash and providing good all-round customer service
 - Unpacking and pricing stock
 - Working on window and shop displays
 - Keeping the shop clean, tidy and well organised
 - Interacting with the general public
- For further information please look on the website: <https://vinspired.com/opportunities/23191/events/231497-shop-volunteer> or you can contact the store on 0161 628 6505.
- 7) Gallery Oldham is dedicated to providing hands-on opportunities to develop the skills and talents of young people aged 11 – 25. They can work with you to develop and deliver interesting and engaging projects to suit your needs and talents. They also run creative taster sessions for 11-16 years Oldham in school holidays. To book any workshops or parties and for more information please get in touch with Evad Ould-Okojie on evad.ouldokojie@oldham.gov.uk or call 0161 770 4741.
- 8) Youth Council Champions meet every Thursday evening 6 – 8pm at the Youth Council Offices (Room 222, Civic Centre). This group helps with the work of the Youth Council getting involved with organising events and planning/running campaigns of the Youth Council in Oldham. You can find out further information on their Facebook page: <https://www.facebook.com/OldhamYouthCouncil/> or on their website: <http://oldhamyc.com/>
- 9) Peshkar is an Arts Council England National Portfolio Organisation based in the centre of Oldham. Their latest project brings digital skills to the people of Oldham for free. This project runs at The Oldham Museum, Greaves Street, OL1 1DN on the last Saturday of every month and is open to young people from 11 upwards. All young people participating will have the chance to achieve a Bronze Arts Award. Workshops in this programme will include film-making, drama and digital portfolios. For further information please visit their website: <http://peshkar.co.uk> they recommend that you check any details with the provider before visiting: 07894858934.

- 10) Jubacana offers Music and Dance for 8-18's, whether you want to drum, dance or both, this is the group for you to come and try something new. The class is £4 and runs every Friday 6-7.30 pm at the Oldham Museum, Greaves Street, Oldham. For further information and a full list of dates please go to their website: <http://jubacana.com> or call 07879065743.
- 11) We have a participation group that runs here at Healthy Young Minds Oldham which meets once a month and looks at ways to make our service better, it also involves lots of fun things such as helping us decorate the reception area and you will get to meet other young people involved. The group meets on the last Wednesday of every month 6.30-7.30 pm please contact Tracy Mcelroy at Healthy Young Minds Oldham for further information: 0161 716 2020.
- 12) Young people aged 10–17 can join one of St Johns Ambulance cadet units, which operate throughout England. These are a great way for teens and young people to take part in volunteer work and learn valuable life skills. As a Cadet, you'll take part in a full and interactive programme, working towards your Grand Prior Award and volunteering at events. You can:
- learn first aid skills
 - volunteer within your community by providing first aid cover at public events, such as football matches and music festivals
 - learn leadership and public speaking skills by teaching first aid to other young people
 - spend time on weekend residential camps packed with activities, and have the opportunity to compete in international first aid competitions.
- There are costs associated with uniforms however financial assistance is also available depending on your parent's income. Further information can be found on their website: <http://www.sja.org.uk/sja/young-people/get-involved.aspx> or by emailing: north-west-volunteering@sja.org.uk or telephoning 0161 443 0100 (option 4).
- 13) Girl guiding; the senior section. The Senior Section offers an exciting and flexible programme with a huge variety of challenges and opportunities for personal development. The programme offers a range of activities and challenges and motivates members to try out new things – it could be learning a language, playing a musical instrument, running a marathon etc. you can register your interest to find out further information/where is your nearest girl guides on their website: <https://enquiry.girlguiding.org.uk/> or email northwesthq@girlguidingnwe.org.uk or call on 01772 791 947.
- 14) Scouts offer 6-25 year olds (both male and female) fun and challenging activities, unique experiences, everyday adventures. Scouts take part in activities as diverse as kayaking, abseiling, expeditions overseas, photography, climbing and zorbing. As a Scout you can learn survival skills, first aid, computer programming, or even how to fly

a plane. There's something for every young person. It's a great way to have fun, make friends, get outdoors, express your creativity and experience the wider world. For further information you can contact Stacey White via email wanttojoin@gmnscoouts.org.uk or telephone 07745 302 219.

- 15) Royal Airforce air cadets, don't worry about being thrown in at the deep end. You'll join your local squadron as a trial, when you get to know the other cadets and start basic training. You then get gradually introduced to activities as you progress, so you can make the most of every opportunity that comes your way. For further information you can visit their website: <https://www.raf.mod.uk/aircadets/> or facebook page; Oldham Air Cadets.

- 16) Oldham Sea Cadets for further information you can visit their website: <https://www.sea-cadets.org/oldham/what-we-do> or facebook Oldham Sea Cadets.

- 17) Oldham Library has lots of events and activities on for children, young people and families. You can find out further information on their facebook page; Oldham library service or on their website.

- 18) Thai boxing class for ages 13-25 which incorporates the discipline of Thai-boxing to improve self-confidence, self-awareness and fitness. Runs every Wednesday on the 1st floor or Isaan Gym, Temple Street, Oldham, OL1 3NJ. For further information on the class and pricing go on Facebook; Isaan Gym Ste Donnelly.

If you would like any further support or guidance on work or volunteering opportunities there is a careers guidance team based at positive steps in Oldham for young people aged 13 to 18. They provide careers information, advice and guidance to help young people make well-informed and realistic decisions about their career pathways. They also work with young people in schools to help them choose options, decide on their careers and apply for opportunities for when they complete Year 11. Each school tends to have a careers adviser based with them a couple of days a week; please ask a teacher at your school or contact the positive steps career team on 0161 621 9300.